MARINO BEACH

HOTEL COLOMBO

Tides
Restaurant

FOOD

APPETIZERS & SALADS

(01) *Chilled Prawns & Lobster Marino Way* (A) — Rs.8900
Tiger prawns, lobster meat, mixed greens, cocktail sauce & melba toast

(02) *Cheese Platter* (N) — Rs.6600
Four variety of cheese served with crackers, nuts & dry fruits

(03) *Salmon Avocado* — Rs.5400
Smoked Salmon, avocado, mango coulis, beetroot reduction served with dill cream

(04) *Greek Salad* (V) — Rs.3600
Combination of halved tomatoes, feta, sliced cucumber, onion, olives & oregano dressed with extra virgin olive oil & herb crostini

(05) *Assorted Sushi Platter* — Rs.2900
Prawn maki, salmon maki, fruit maki

(06) *Lamb in Puff* 🌶 *(3 Nos)* — Rs.2500
Curried lamb empanada with mint raita

(07) *Arabic Mezze Platter* (N) — Rs.2400
Hummus, mutable, falafel, marinated olives, fattoush, tzatziki, mutton kibbe, flat bread, smoked chili, red pepper sauce served with extra virgin olive oil

(08) *Caesar Salad* (P) — Rs.2300
Iceberg, parmesan flakes, garlic croutons, cherry tomato caesar dressing with anchovy - with or without pork bacon

The following topping can be added on request

Smoked Salmon	Rs.1900
Peppered Prawns (Medium)	Rs.1100
Grilled Chicken	Rs. 900
Peppered Tuna	Rs. 900

(09) *Chicken Empanadas* 🌶 *(3 Nos)* — Rs.2100
Served with sriracha sauce

(10) *Vegetable Spring Roll* (V) *(05 Nos)* — Rs.2000
Served with sweet chili sauce & crispy salad

(11) *Fish Patties* 🌶 *(3 Nos)* — Rs.2000
Served with sriracha sauce

(12) *Vegetable Samosa* (V) *(03 Nos)* — Rs.1800
Stuffed with potatoes, green peas, coriander, indian spices, served with tamarind sauce & mint chuttny

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(13) *Hummus Beiruti with Pitta Bread* (N) Rs.1700
Hummus, herbs & green chilli

(14) *Fresh Garden Green Salad* (V) Rs.1500
Lettuce, tomato, onion, bell peppers, cucumber, olive, green beans served with traditional french dressing or plain vinaigrette

SOUPS

(15) *Shrimp Bisque Seafood Soup* Rs.1900
Creamy shrimp soup with lavash

(16) *Tomato and Basil soup with Crunchy Walnut and Truffle Oil* (N) (V) Rs.1900
Fresh tomato, basil leaves, bluberry puree, walnut, truffle oil

(17) *Cream of Chicken Soup with Herb Croutons* Rs.1900
Boiled chicken with cream

(18) *Lentil Soup* (V) Rs.1500
Flavoured with cumin spice

(19) *Chicken Broth* Rs.1500
Boiled chicken with hill vegetables

(20) *Vegetable Broth* (V) Rs.1400
Flavoured with hill vegetables

SANDWICHES AND BURGERS

All below sandwiches & burgers are served with a portion of french fries

(21) *Beef Burger* (N) (P) Rs.3400
Prime beef pattie, lettuce, tomato, caramelized onion, cheese, pork bacon or egg

(22) *Crispy Chicken Burger* (N) Rs.3400
Crispy chicken, cheese, gherkins, lettuce, tomato & garlic mayo

(23) *Loaded Pastrami Sandwich* Rs.3400
Romanian beef pastrami, cheese, cibatta, sauerkraut

(24) *Sandwich of Your Choice* Rs.3400
Prawns, tuna, egg, cheese, roast beef or cold chicken paste on plain or brown bread

(25) *Chicken Burger* (N) (P) Rs.3300
Chicken pattie, mustard butter, iceberg slow, jalapeno, cheese, gherkins, pork bacon or egg

(26) *Beef Melt* Rs.3200
Grilled beef, cheese, cibatta

(27) *Club Marino* (P) Rs.2800
Toasted focaccia bread sandwich with chicken paste, pork bacon, fried egg, cheese, tomato & lettuce

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(28) *Chicken Melt* Rs. 2700
Grilled chicken, cheese, cibatta

(29) *BLT* (P) Rs. 2600
Pork bacon, lettuce, tomato, 6' inch demi baguette

(30) *Vegetable Sandwich* (V) Rs. 2200
Balsamic grilled vegetables, feta cheese, sundried tomato pesto, tomato,onion, cucumber on brown or white bread

GRILLS

(31) *Australian T- Bone Steak* (A) Rs.21800
Fried potato wedges, broccoli, pink pepper corn & red wine jue, Kosher salt

(32) *Australian Tenderloin Steak* (A) Rs.14700
Red wine sauce, sautéed vegetables, feta cheese, koshar salt
served with roasted baby potatoes or potato wedges or mashed potatoes

(33) *Grilled Lamb Cutlet* Rs.14200
Vegetables, mashed potatoes & mint sauce

(34) *Mixed Grill Platter* (P) Rs. 7900
Pork chop, beef kebab,chicken, mutton kofta, chicken sauasage, baby potato with pepper sauce

(35) *Grilled Salmon Steak* Rs. 8700
Parmesan resotto, garlic green beans, confit cherry tomato

(36) *Mixed Seafood Platter* Rs. 6900
Grilled calamari, modha fish, jumbo prawns, crabs, shoes lobster, garlic drawn butter, vegetables & fried potato wedges

(37) *Cajun Marinated Grilled Jumbo Prawns* Rs. 5800
Parmesan puff, mash potato, vegetables, roasted tomato salsa

(38) *Fish & Chips* Rs. 4800
Battered modha fish with creamy tartar sauce & fries

(39) *Grilled Jerk Pork Chop* (P) Rs. 4200
Pickle pineapple, bacon mash, green beans, robert sauce

(40) *Fillet of Barramundi with Red Curry* Rs. 4100
Barramundi fish, bok choy, thai red curry sauce, steamed rice

(41) *Crispy Fried Panko Chicken* Rs. 3200
Breaded chicken with siracha mayo & fries

(42) *BBQ Half Chicken* Rs. 3200
Honey glazed grilled vegetables, roasted potatoes

(43) *Chicken Souvalki* Rs. 2300
Chicken skewer, fried potato wedges, tzatziki sauce, tortilla bread

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ITALIAN

Pasta Special

(44) *Lasagna* Rs.3500
Beef lasagna or chicken lasagna

(45) *Bolognaise (Spaghetti or Penne)* Rs.2800
Tossed with mince beef, concasse & parmesan

(46) *Carbonara (Spaghetti)* Rs.2700
Combined with chicken bacon, cheese sauce & cheese sprinkled

(47) *Arrabbiata Pasta (Penne)* (V) 🌶 Rs.2500
Tossed with rich tomato sauce & sprinkle of parmesan with black olive

CHOICE OF PIZZA

(48) *Double Chesse Margherita* Rs.3700
Overload cheese & rich tomato sauce

(49) *Seafood Arrabbiata* 🌶 Rs.3600
Mixed seafood, spicy tomato sauce

(50) *Spicy Chicken* 🌶 Rs.3600
Spicy chicken with mushroom

(51) *Meat Feast* (P) Rs.3500
Beef pepperoni, chicken sausage, pork bacon, chicken ham, onion

(52) *Veg Pizza* (V) 🌶 Rs.3300
onion, bell pepper, mushroom, olive, jalapeno

ASIAN

(53) *Authentic Sri Lankan Rice & Curry*

Served 12.00 pm to 2.30 pm & 7.00 pm to 10.30 pm
Steamed basmathi or country or organic rice with 04 vegetable curries & coconut sambol accompanied with mango chutney, papadam, pickled lime & fish cutlet

With Your Choice of:

Prawn curry 🌶 Rs.2900
Fish curry 🌶 Rs.2800
Pork curry 🌶 Rs.2800
Chicken curry 🌶 Rs.2600
Vegatable curry(V) 🌶 Rs.2200

(54) *Mutton Pot Biryani* (N) Rs.3900
Boiled fried egg, mutton gravy, mint chutney & cucumber raita

(55) *Indonesian Nasi Goreng* (N) 🌶 Rs.3400
Chicken sate, peanut butter sauce, prawn crackers, chili paste, fried egg

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(56) *Chicken Pot Biryani* (N) — Rs.3300
Tandoori chicken thigh, boiled fried egg, mint chutney
korma gravy & cucumber raita

(57) *Fish Tikka Kebab* — Rs.2900
Chaat lavash, rice or paratha, masala curd gravy

(58) *Wok Fried Spicy Egg Noodles with Chicken* (N) — Rs.2800
Egg noodles, chicken, egg, spring onion & chili paste

(59) *Mixed Fried Rice* (P) (N) — Rs.2800
Diced of chicken ,beef, pork, prawns, fish, cuttle fish, egg,
vegetables & chili paste

(60) *Butter Chicken* (N) — Rs.2800
Chaat lavash, rice or paratha

(61) *Tandoori Chicken* — Rs.2700
Bone in whole chicken leg, chaat lavash, rice or paratha,
chutney chaat gravy

(62) *Vegetable Pot Biryani* (N) (V) — Rs.2700
Onion pakora, paneer butter masala, mint chutney & cucumber raita

(63) *Seafood Fried Rice* (N) — Rs.2600
Diced of prawns, fish, cuttlefish, eggs, vegetables & chili paste

(64) *Chicken Fried Rice* (N) — Rs.2300
Tossed with chicken, egg, vegetables & chili paste

(65) *Egg Fried Rice* (N) — Rs.1900
Egg, vegetables & chili paste

(66) *Vegetable Fried Rice with Chili Paste* (N) (V) — Rs.1700

(67) *Mutton Masala Kottu* — Rs.3000

(68) *Beef Kottu* — Rs.2600

(69) *Black Pork Kottu* (P) — Rs.2600

(70) *Chicken Kottu* — Rs.2100

(71) *Egg Kottu* — Rs.1900

(72) *Vegetable Kottu*(V) — Rs.1700

Add Cheese — Rs. 600

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(73)	Devilled Prawns 🌶	Rs.3650
(74)	Devilled Beef 🌶	Rs.3200
(75)	Devilled Fish 🌶	Rs.3000
(76)	Devilled Pork (P) 🌶	Rs.2800
(77)	Spicy Cashew Nut (N) (V) 🌶	Rs.2600
(78)	Devilled Chicken 🌶	Rs.2300
(79)	Devilled Beef Sausage 🌶	Rs.2100
(80)	Devilled Chicken Sausage 🌶	Rs.1800

ON MY SIDE

(81)	Potato Wedges - Large (V)	Rs.2900
(82)	French Fries - Large (V)	Rs.1900
	Small (V)	Rs.1200
(83)	Omlet with Fries	Rs.1700
(84)	Boiled Vegetables (V)	Rs.2100
(85)	Mashed Potatoes (V)	Rs.1100
(86)	Portion of Steamed Basmathi Rice	Rs. 700

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SWEET TREATS

(90)	*Mixed Berry Semifreddo with Nougat*	Rs.2600
(91)	*Cream Cheese Cake with Fresh Strawberry Coulis*	Rs.2600
(92)	*Chocolate Layered Cake with Whipped Cream* (A) with a touch of baileys	Rs.2100
(93)	*Fresh Fruits Marino Way* (V) Cuts of exotic fresh fruit on platter	Rs.2000
(94)	*Warm Carrot Cake with Gulab Jamun* (N) A fusion for your taste	Rs.1900
(95)	*Tiramisu* (A) The traditional taste with brandy	Rs.1900
(96)	*Date Pudding & Coconut Ice Cream with Butterscotch Sauce*	Rs.1900
(97)	*Vanilla Cream Brulee*	Rs.1500
(98)	*Fresh Fruit Salad* (V)	Rs.1500
(99)	*Hot Chocolate Pudding with Vanilla Ice Cream*	Rs.1400
(100)	*Ice Cream Two Scoops with Shell* Chocolate, vanilla or strawberry	Rs.1100

Sri Lankan Favorite

(101)	*Watalappam with Roasted Cashew*(N)	Rs.1900
(102)	*Trio of Sri Lankan* (N) Watalappam, curd & treacle, coconut pancake	Rs.1500
(103)	*Curd & Treacle* (V) A dessert with a tradition	Rs.1300

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VEGETARIAN MENU

SOUPS

(110)	*Mulligatawny Soup*	Rs.1150
(111)	*Cumin Flavored Creamy Lentil Soup*	Rs.1000

APPETIZER

(112)	*Vegetable Punjabi Samosa with Tamarind Sauce*	Rs.2000
(113)	*Potato, Green Pea Masala Patties (3 Nos)* Tomato & onion drizzled tangy chutney sauce	Rs.2000
(114)	*Chickpea Chaat Salad*	Rs.1500

MAIN DISH

(115)	*Vegetable Biryani with Raita & Mint Chutney* (N)	Rs.2200
(116)	*Chapati*	Rs. 900
(117)	*Paratha*	Rs. 700
(118)	*Steam Rice*	Rs. 700

CURRIES

(119)	*Paneer Butter Masala*	Rs.2200
(120)	*Gucchi Masala*	Rs.1400
(121)	*Aloo Gobi Mutter Curry* Raita, lime pickle, onion, green chilli	Rs.1000
(122)	*Chana Masala*	Rs. 750
(123)	*Yellow Dal Tadka*	Rs. 700

DESSERT

(124)	*Carrot Halwa* (N)	Rs.1400
(125)	*Vermicelli Kheer* (N)	Rs.1400
(126)	*Curd & Treacle*	Rs.1300

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